

Webb's Pool Happenings Schedule

Summer 2019 now thru Labor Day

We were chosen as the #1 Aquatic program in state by the US Water Fitness Association

Sunday - Club..thus pool is open: 7am-12 AND 4-8pm thru 9/1/19...these are the Summer Weekend Hours. (during Sept thru June, Sat/Sun we are open 7am-7pm)

8:45-9:45am Wateraerobics - uses 5 or 6 of the 6 lanes. You are welcome to swim width wise laps in deeper end OR use the waterbelt in deeper end OR join in the class & burn 600 calories!!

5:30-6:30pm Family Swim utilizes the big double lane; 4 lanes available for laps. Any member may bring his/her child(ren) under age 12 to swim together for a special family time during the Family Swim Hour (except Matinee members as they use club only 8:30-5:30. Matinees are welcome for \$5 pp)

6:30-8pm on some Sundays : Competitive Swim training team uses 3-4 lanes; leaving 2-3 open for laps. Please alert the coach you would like to swim & he can usually slide a team member over for you to swim

Monday-open:5:30am-10pm **You can get in pool anytime..just so you know what happens today..**

9:15-10:15am Wateraerobics - all 6 lanes in shallow end are used, but if you came to swim laps, instead..grab a waterbelt in deeper end OR join in on the fun!!...burn mega 600 calories in class!!

11:00-12:00 Swim lessons in big double lane July 8-Aug 12 – 4 lanes available for laps (no 10:30 lesson July 8 thru 15..it starts at 11am on 7/8 & 7/15)

1:00-1:45 Gymnastic group (10-20 great children) use the big double lane (now thru 8/23/19)

1:45-3:15 Swim lessons with Meg in big double lane July 8-Aug 12; 4 lanes available for laps

6:30-8:30 Competitive Swim Training –uses only 2-3 lanes (or the big double lane), thus 3-4 available for laps (this is a group of students w/ a coach. **Be sure to alert coach Bill if you come in to swim laps as he knows 3 are open for members....but so often it is quiet and so they use the empty lanes until someone comes in. Be sure to wave to him if he doesn't see you. He'll have an eye out for a lapswimmer coming in....so not to worry.**

Tuesday- open: 5:30am-10pm **You can get in pool any time..just so you know what happens today..**

8:45-9:45am Waterbelt and Easy Does It Wateraerobics - utilizes all 6 lanes....so join in and do a great vertical water workout!! 8:45-9:30 is Waterbelt/aerobics;

11:00-12:00 Swim lessons in big double lane July 8-Aug 12 (no 10:30 lesson July 8 thru 15..it starts at 11am on 7/9 & 7/16)

1:00-1:45 Gymnasts (group of 10-20 great children) use big double lane –(now thru 8/24/18)

1:45-2:45 Swim Lessons with Meg - uses big double lane; 4 lanes available for laps now thru 8/13/19 (at this writing early July there is no 2:45 lesson, but there may be one thus lessons may go to 3:15 if someone registers for it

Turn for more >>>>>>

5:30-6:30pm Wateraerobics - uses all 6 lanes but grab a waterbelt & workout vertically in deeper end OR join in and burn some calories...try 650 or more.

6:45pm-8:30pm Competitive Swim Training – (off last 2 weeks in Aug) uses only 2-3 lanes (or the big double lane), thus 3-4 available for laps (*this is a group of students w/ a coach. **Be sure to alert coach Bill if you come in to swim laps as he knows 3 are open for members....but so often it is quiet and so they use the empty lanes until someone comes in. Be sure to wave to him if he doesn't see you. He'll have an eye out for a lapswimmer coming in....so not to worry.***

Wednesday - Pool is open 5:30am-10pm

You can get in pool anytime..just so you know what happens today, read:

9:15-10:15 Wateraerobics - all 6 lanes are used, but grab a waterbelt and try a deeper end vertical water workout OR join in the class. Burn off mega calories: try 500-650!!

11:00-12:00 Swim Lessons - uses big double lane; 4 lanes available for laps now thru 8/14/19 (no 10:30 lesson July 10 & 17..it starts at 11am on 7/10 & 7/17)

1:00-1:45 Gymnastic group uses big double lane (now thru 8/23/19)

1:45-3:45 Swim Lessons with Meg - uses big double lane; 4 lanes available for laps now thru 8/14/19

6:30-8:30 Competitive Swim Training in big double lane or in 2-3 lanes; thus 3-4 available for laps. (*This is Tornado Swim Team. Be sure Coach Bill notices you....he'll have his eye out for any lap swimmer. It is very quiet at night at this time and thus, he often will move his swimmers into an empty lane as no one is there. BUT he always watches for lap swimmers as swimmers do get 2-3 lanes to lapswim.*

Thursday - Club, thus pool, open 5:30am-10pm ..**so you know what happens in pool today:**

5:30-6:45am Some Thursdays (very rare) Competitive Swim team practices 1-2 lanes leaving 4-5 open for laps

8:45-9:30 Waterbelt/Easy Does It Wateraerobics - uses all lanes. Join in!! Fun!!

9:30-10 Only on July 18, 25, Aug 1, 8, 15 Hockey camp (great kids) use 1/2 pool for 30 minutes

11:00-12:00 Swim Lessons - uses big double lane; 4 lanes available for laps now thru 8/15/19; (no 10:30 lesson July 11 & 18..it starts at 11am on 7/11 & 7/18)

12:30-1 Only on July 18, 25, Aug 1, 8, 15 Hockey camp (great kids) use 1/2 pool for 30 minutes

1:00-1:45 Gymnastic group uses big double lane (now thru 8/23/19)

1:45-4:00 Swim Lessons - uses big double lane; 4 lanes available for laps now thru 8/15/19

5:30-6:30 Wateraerobics - uses 3-4 of the 6 lanes; thus 1-2 available for laps. Join in the fun!

Friday - open 5:30am-8pm **You can get in pool anytime today...so you know what is going on:**

9:15-10:15 Wateraerobics - uses all 6 lanes, but you can either join in and burn 600 calories and have fun! OR use a waterbelt and do a vertical workout in deeper end

1:00-1:45 Gymnastic group (10-20 great children) use big double lane (now thru 8/23/19)

6:30-7:30 Family Swim - uses only the big double lane; thus 4 lanes available for laps. Click on FAMILY SWIMS on our website for details on fun...but usually quite quiet ☺ Family Swims

Saturday - Club..thus pool is open: 7am-12 AND 4-8pm thru Labor Day Weekend 2019...these are the Summer Weekend Hours. (during Sept thru June, Sat/Sun we are open 7am-7pm)

You can get in pool anytime today. Read on, just so you know what is going on:

8:45-9:45 Wateraerobics - all 6 lanes are used, but lapswimmers are welcome to swim width-wise or use waterbelt in deeper end or join in and have a ball!!

5:30-6:30 Family Swim - uses the big double lane; thus leaving 4 lanes available for laps.

Enjoy!! Amy & Greg Webb & all of us ☺