

February 17, 2020 through August 9, 2020

Webb's Tornadoes Swim Team



USA Swimming

Long Course

2020

2/17/20

thru

8/9/20



Swimmers work on training in correct technique in all aspects of competitive swimming including: all 4 strokes, starts, turns, race strategies & more! Swimmers draw upon Bill's expertise to improve in all aspects of swim training.

with Coach Bill Edward

Coached U.S. Olympic swimmers and Olympic trialists, Bentley University Coach and American Swim Coach Level 5 (highest attainable level), Head Coach of South Shore Strypers 13 years, Head Coach of Scituate/Cohasset High School for 3 years, Swimmers have reached the Olympics, Olympic trials, National Champions, Nat'l record holders, MA State champs & over 100 All-American swims, USA Futures Swimmers, NE Swimming Zones Coach.



Assistant Coach: Mary McGunnigal Assumption Graduate; Certified WSI 9 years, Lifeguard Instructor Trainer; Lifeguard; SSCC 4 year Swim Team Coach; SSCC Swim Instructor

Assistant Coach: Evan Baxter Certified WSI, Manager South Shore Country Club/Hingham pool; Bridgewater State University Graduate; Lifeguard Certified, Webb's Hurricane Swim Team Assistant Coach

We are now offering 3 training groups: **ALL** swimmers must be placed in training groups by Bill and Mary. The Junior Group is for existing (*some new*) swimmers that are at the level above the Age Group Training Group but not ready for the Senior Group.

- Senior Group – with Bill
 - Junior group – with Bill & Mary
 - Age Group – with Mary & Evan
- Practices will be designed accordingly.



At the discretion of the coaches, swimmers may be placed in a group most suitable for that swimmer.

Turn for registration form.....



Webb's Tornadoes USA Swim

Swimmer's 1st Name _____ Middle Name _____

Last Name _____

Address _____ Town _____ Zip _____

Home phone _____ Parent's Cell Phone _____

Swimmer's Cell Phone _____ Parent's email _____

Emergency Contact name _____ his/her Phone number _____

Date of birth: __/__/____ Grade in school _____

Remember: NO REFUNDS AFTER ONSET OF SESSION

Only exception: medical/injury w/ doctor note supporting fact that swimmer cannot participate any more.

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**LONG COURSE 2020 FEES: All fees due by January 13, 2020**

**Fees paid on or before January 6, 2020 will be discounted as follows:**

**Senior Group (on or before 1/6/20): \$1225 make checks payable: \$925 to Bill Edward \$300 to Webb's**

**Junior Group (on or before 1/6/20): \$975 make checks payable: \$737 to Bill Edward \$238 to Webb's**

**Age Group (on or before 1/6/20): \$875 make checks payable: \$662 to Bill Edward \$213 to Webb's**

**After January 6, 2020:**

**Senior Swimmers: (after 1/6/20): \$1325 make checks payable: \$975 to Bill Edward \$350 to Webb's**

**Junior Swimmers: (after 1/6/20): \$1075 make checks payable: \$787 to Bill Edward \$288 to Webb's**

**Age Group Swimmers (after 1/6/20): \$975 make checks payable: \$712 to Bill Edward \$263 to Webb's**

**All swimmers meet accounts (\$350) must be paid in full or an arrangement with Anne Borocov.**  
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PRACTICE TIMES:

AGE GROUP PRACTICE TIMES: Sun 6:30-8pm // Mon 5:30-7pm // Wed 5:30-7pm (Wed 5:30-6 dryland)
// last Sat of mo 12:45-2

JUNIOR SWIMMERS: Sun 6:30-8:00pm // Mon 5:30-7pm // Tue 6:45-8:00pm // Wed 5:30-7 dryland is
5:30-6; pool 6-7 // Last Sat of mo 12:45-2

SENIOR SWIMMERS: Sun 6:30-8:30pm // Mon 6:30-8:30pm // Tue 6:45-8:30pm // Wed 6:30-
8:30pm // Thur 5:30-6:30am Sat (if there is no meet) 12:45-2:45pm

In consideration of the visit of the above named (print child's name) _____ to the health club Webb's Gym, Inc (dba Webb's Pro Fitness) and those people acting on the club's behalf are released from all claims of any nature whatsoever for injuries and consequential damages which may be sustained by the named child(ren) arising out of participation in any such activity at this facility or at any away swim meet or travel to/from meet.

Webb's Gym, Inc (dba Webb's Pro Fitness) will not be responsible for accident nor property left in lockers, cubbies, elsewhere in building or parking lot. I will not sue Webb's Gym, Inc (dba Webb's Pro Fitness) or any staff/beneficiaries/owners acting on the club's behalf. I sign below as representative/parent/guardian of above-named child(ren). I understand there will be no refunds (other than escrow only for medical reasons accompanied by a doctor's letter stating swimmer cannot participate).

X _____

Signature

Date

